

Check-In Question List

Standard National Questions

1. **What is your age?** (18-24, 25-29, 30s, 40s, 50s, 60s, 70s +)
2. **At the current time, how would you rate your physical health?** (10 Excellent - 0 Poor)
3. **How much anxiety are you experiencing over the current pandemic?** (10 Extreme - 0 None)
4. **How much stress are you experiencing related to your finances?** (10 Extreme - 0 None)
5. **Has coronavirus significantly disrupted your income?** (10 Significant - 0 None)
6. **I have people in my life I can count on no matter what.** (10 Agree - 0 Disagree strongly)
7. **In the midst of this crisis, I feel very connected to friends/family.** (10 Agree – 0 Disagree strongly)
8. **My job situation has been completely disrupted.** (10 Agree - 0 Disagree strongly)
9. **I sense a deepened calling to serve others in times like this.** (10 Agree - 0 Disagree strongly)
10. **My hope for the future is not diminished by the current crisis.** (10 Agree - 0 Disagree strongly)
11. **I have an inner sense of peace, even in difficult circumstances.** (10 Agree - 0 Disagree strongly)
12. **As of this week, how confident are you about the way you and your household are responding to the crisis?** (5 Extremely confident - 1 Not at all confident)
13. **How isolated are you feeling today?** (10 Extremely isolated - 0 Not at all isolated)
14. **As of this week, how confident are you about the way your community is responding to the COVID-19 crisis?** (5 Extremely - 1 Not at all)
15. **I am receiving the support/resources I need from our community.** (10 Agree - 0 Disagree strongly)
16. **What type of basic needs do you need the most help with at this time? Select your top need.** (food and supplies, childcare, financial assistance, transportation and/or deliveries, housing options, medical care, emotional support, none I'm in a good spot)
17. **What type of service are you most prepared to offer others at this time? Select one.** (food and supplies, childcare, financial assistance, transportation and/or deliveries, housing options, medical care, emotional support, prayers, none I'm in a good spot)
18. **Please indicate your gender.** (female, male, prefer not to answer)
19. **What is your marital status?** (married, widowed, divorced, separated, never married)



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Optional Questions

1. **How has the COVID crisis impacted your housing situation?**
 - a. It hasn't
 - b. I'm missing payments
 - c. Friends/family have moved in with me
 - d. I've moved in with friends/family
 - e. I was at college or in another temporary situation and I moved home early
 - f. I had plans to move but I'm putting them off
 - g. I'm without a permanent housing situation
 - h. It has impacted me in some other way
 - i. I prefer not to say
2. **Do you belong to a group that's providing some level of connection for you right now?** A faith community, club or association, a team at work, a close friend group, close extended family, another group, I don't have a group that's providing connection
3. **Your own life has likely been disrupted as described above. Even so, might helping someone else help you in some way?** (Yes, No, I don't know)
4. **Is there anything else stopping you from helping someone in need?**
 - a. I don't have time or money
 - b. I don't know how
 - c. I'm afraid of doing the wrong thing
 - d. I don't want to
 - e. I have another reason
 - f. Nothing is stopping me!
5. **In addition to meeting needs directly, there are also ways you can help behind the scenes. Would you like to:** Help with administration, help spread the word, help adapt strategies to solve a big problem, lead a team or project, provide or raise funds so others can meet needs
6. **How would you describe yourself?** American Indian or Alaska Native, Asian, Black or African American, Hispanic, Latino, or of Spanish origin, Native Hawaiian or Other Pacific Islander, White, Other, I'd prefer not to say
7. **When it comes to sources of trusted information about the pandemic, in which authority do you place the most trust?** (the CDC, other scientists, local government, state government, national government, the media (I don't do my own research), other, I'd prefer not to say)
8. **In which authority do you place the 2nd most trust?** (the CDC, other scientists, local government, state government, national government, the media (I don't do my own research), other, I'd prefer not to say)

